



ENPICOM
DECODING THE IMMUNE SYSTEM

Antibody Engineering
& Therapeutics



Travel guide to

San Diego

Adjacent to the Mexico-United States border, San Diego is known as a melting pot of cultures, art, and cuisine. Next to the wide variety of restaurants, galleries, and rooftop bars, San Diego is filled from North to South with unique nature spots and sites to experience. We hope you experience some of the wonders San Diego has to offer while you're here for the Antibody Engineering and Therapeutics conference this year!

HOW TO GET AROUND

San Diego offers a variety of options for public transport, making it a sustainable and economical alternative if you plan on remaining within the city center or relaxing along the coast.

The following info on public transportation was retrieved from the city's tourist website.

Quick Links

[San Diego Tourist Website](#)

[Trolley](#)

[Pronto Fare IOS App](#)

[Sprinter](#)

[Pronto Fare Android App](#)

[Coaster](#)

[Busses](#)

[Pedicabs](#)



Pronto Fare System

The PRONTO card lets you move faster and easier anytime you want to ride the San Diego Trolley, a bus, or the Coaster train. PRONTO can also be downloaded as an app to your phone which allows users to add funds instantly, and then buy a ticket when needed with a simple tap of the card or phone at a station kiosk. One-way fares are valid for unlimited transfers within two hours of activation. Alternatively, you can also visit this website to check all routes with their Trip Planner feature.



Busses

An economical way to navigate through San Diego is by bus. There are plenty of routes that offer service throughout the county. Be sure to check the bus schedules and plan your routes in advance.



San Diego Trolley

San Diego's iconic bright red trolley will take you in and around the city. The San Diego Trolley provides convenient services from key locations downtown, including the Santa Fe Depot and the San Diego Convention Center, crisscrossing through downtown and out to various locations like Old Town, Mission Valley, El Cajon, Santee and San Ysidro, which is on the Mexican border. The new UC San Diego Blue Line trolley extension also expands service northward to Clairemont, the La Jolla area and the Westfield UTC shopping center.



Sprinter

The east-west SPRINTER light rail train system that connects Escondido, San Marcos, Vista, and Oceanside. The 22-mile-long, or 35 kilometres long, rail system runs along the Highway 78 corridor, serving 15 stations, and running every 30 minutes. A regional day pass, valid on the SPRINTER, Trolley, and buses throughout the county, is also available.



Coaster

The North County Transit District's COASTER trains connect downtown San Diego and Old Town with coastal communities throughout the county including Solana Beach, Encinitas, Carlsbad, and Oceanside. These routes offer visitors access to some beautiful beach communities in the region, as well as a relaxing ride with breath taking coastal scenery. Further, the COASTER provides 30 daily trips from Monday to Friday, and 20 daily trips on Saturday and Sunday. The entire COASTER route takes about an hour. An adult round-trip fare from downtown San Diego to Oceanside is inexpensive transportation option.



Pedicabs

Pedicabs are popular forms of transportation along downtown's waterfront and in the Gaslamp Quarter. There are tours available as well, providing a unique way to explore San Diego's downtown communities.

BEAUTIFUL SPOTS TO SEE



Torrey Pines Gliderport

La Jolla

From the top of the bluffs, you will be presented with a view of the sea merging with the sky, a view of the La Jolla peninsula, the Scripps Pier, and the coastline stretching north. If you are up for a hiking challenge, the Torrey Pines Glider Port is also the beginning spot for the route to Black's Beach, a beach famous among surfers for its winter swells.

Approx. distance from Downtown: 15 to 17 miles (27km) or 20 to 30 minutes by car.



More Info



Mount Soledad

La Jolla

At about half a mile (0,8km) from the La Jolla Shores, Mount Soledad stands resolute over San Diego. The 822-foot (250m) summit provides unobstructed views of nearly the entire region. Additionally, as a National Veterans Memorial, it honors 3,500 soldiers. Approx. distance from Downtown: 12 to 14 miles (22km) or 20 to 35 minutes by car.



More Info



Crystal Pier

Pacific Beach

The Crystal Pier was built in late 1920's and its beloved cottages were added a decade later. While many of the original attractions are gone, visitors can still enjoy of a stay at the Crystal Pier Hotel, which offers updated 1930's inspired cottages. Nowadays, the pier is a serene spot where you can lounge on the silky sand, enjoy a beautiful sunset, and watch surfers catch some waves.

Approx. distance from Downtown: 10 to 12 miles (19km) or 15 to 30 minutes by car.



More Info



Portside Pier

Downtown

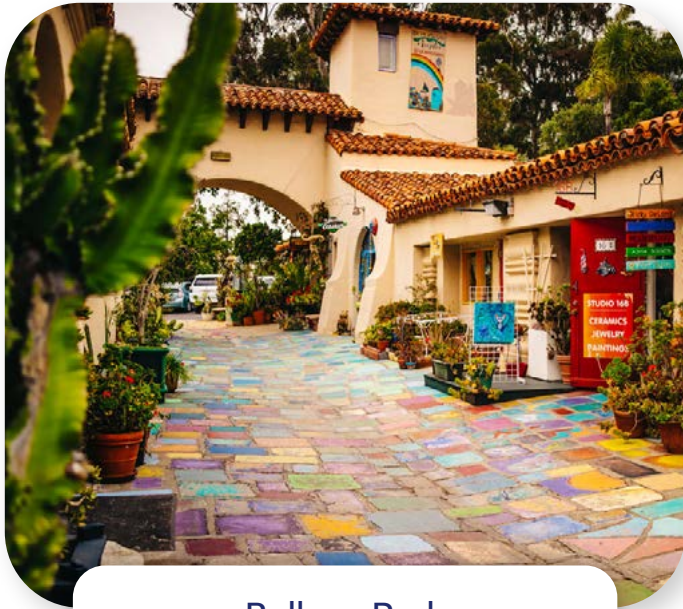
If you're on San Diego's ebarcadero area, it's hard to miss this perfect waterfront. This area provides a mixture of maritime history, museums, harbor tours, and plenty of hotels and restaurants options. Try a local beer or a hand-crafted cocktail along with some delicious bites at one of the many great restaurants located in this area. Then, finish your day by witnessing the colorful sunset over San Diego Bay and Point Loma.

Approx. distance from Downtown: 0,6 miles (1km) or 15 minutes' walk.



More Info

EXPERIENCE THESE NEIGHBORHOODS



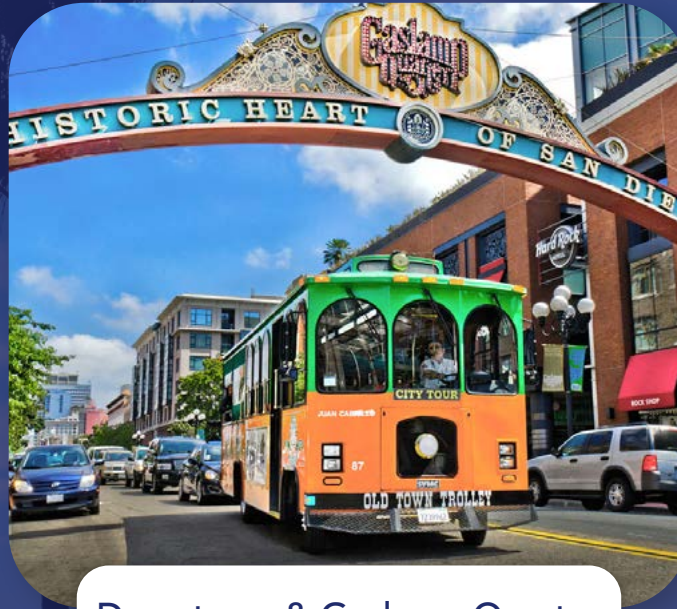
Balboa Park

Museums and Spanish Village Art Center

If you are an art and nature lover, Balboa Park is the ideal visit while in San Diego. The Park has over 17 museums and cultural institutions, alongside acres of beautiful gardens and the world-renowned San Diego Zoo. The Spanish Village Art Center encompasses 36 artist studios and showcases the works of over 230 local artists. Make the most out of San Diego's beautiful weather and enjoy a stroll through the Spanish Village to experience the great variety of art. In addition to the beautiful exhibitions, you can also book art classes with one of the many artists in the area.

Approx. distance from Downtown: 1,5 to 2 miles (3km) or 5 to 10 minutes by car.

More info



Downtown & Gaslamp Quarter

Historic Neighborhood

Downtown San Diego offers an eclectic mix of accommodations, activities, cultural attractions, and dining options, all accessible by public transportation, foot, or car. If you are looking for nighttime entertainment or to grab a dinner with your colleagues, the Quarter also has a myriad of galleries, rooftop bars, gastropubs, and restaurants to offer. In addition, at the Gaslamp Quarter you will be able to experience modern architecture standing side by side with Victorian Age buildings making for an incredible atmosphere.

Approx. distance from Downtown: 1 mile (1.6km) or 15 minutes' walk.

More info



North Park & South Park

Murals in two vibrant communities

These two urban neighborhoods located around Balboa Park are crucibles of creativity. This can be seen by the vibrant murals adorning the streets in these two areas. For example, the "You Are Radiant!" mural by Channing Fulton can be seen in North Park. These two neighborhoods usually cater to locals and their streets are lined with craft beer pubs, diverse cuisine, art galleries, coffee shops, and much more.

Approx. distance from Downtown: 4 to 5 miles (8km) or 10 minutes by car.

More info



RESTAURANT RECOMMENDATIONS



Dockside 1953
American Grill Cuisine

A nautical-inspired restaurant in Mission Bay. This restaurant offers breakfast, lunch, and dinner options alongside delicious craft cocktails.



100's Seafood Grill Buffet
American Grill Cuisine

An all-you-can-eat buffet style restaurant serving tasty Seafood & Grill options.



Stone Brewing
Gastropub

Want a rustic craft beer experience with tasty snacks? Then this is for you. Visit one of their 7 locations around San Diego.



Puesto
Mexican Cuisine

Visit one of Puesto's 9 locations if you are looking for delicious Mexican cuisine. This restaurant offers a variety of snacks, typical plates, and drinks.



El Agave Restaurant & Tequileria
Mexican Cuisine

This rustic, culture centred restaurant offers lunch & dinner menus with a wide range of typical snacks and plates. They also feature America's biggest tequila bottles collection.

Quick Links

Restaurants

Dockside
1953

100's Seafood
Grill Buffet

Stone
Brewing

Puesto

El Agave

Activites

Flightline
Safari

Fly with
a Bird

Hot Air
Balloon

INTERESTING ACTIVITIES



Flightline Safari
North Inland

Looking for a thrilling activity that offers a unique view,? The San Diego Zoo Safari Park offers a two-minute, 130 feet (40m) zip ride. After a short training run, you will be able to zip for two minutes and two-thirds of a mile over animal enclosures and the hilly North County landscape. Approx. distance from Downtown: 35 miles (56km) or 35 to 50 minutes by car.



Fly With a Bird (Raptor experience)
La Jolla

For a more extreme but equally beautiful 'flying' experience, we recommend Torrey Pines. Parahawking is a once-in-a-lifetime experience offered at the Torrey Pines Glide port by 'Fly With a Bird', where a trained falcon freely flies by your side while you paraglide with an instructor. Approx. distance from Downtown: 16 to 19 miles (30km) or 20 to 30 minutes by car. **Dependent of good weather conditions.*



Hot Air Balloon Ride
North Coastal

Looking to experience the Southern California Wine Country at a higher level? Then a hot air balloon ride might be of your interest. Your ride usually begins at Vindemia, and upon landing you will receive an Official Flight Certificate featuring a picture of you and your friends – or colleagues. Choose between a sunrise or sunset ride, but what is guaranteed is that you will enjoy Southern California like never before. Approx. distance from Downtown: 65 to 70 miles (112km) or 1 hour to 1 hour and 20 minutes by car.

**ENJOY
YOUR
TRIP!**

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