

Amsterdam is renowned for its artistic heritage, elaborate canal system, and narrow houses with gabled façades, all stemming from the city's 17th-century Golden Age. ENPICOM has put together this short guide to help you with some quick tips on getting around, activity suggestions, and restaurant recommendations.

# Travel Guide to AMSTERDAM

We hope you experience some of the wonders Amsterdam has to offer while you're here for the Antibody Engineering and Therapeutics conference this year!

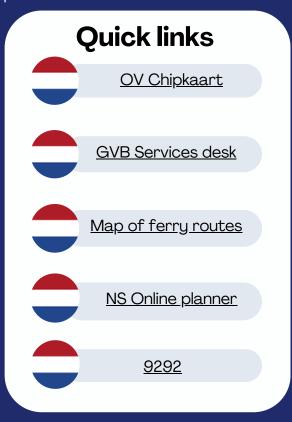


# How to get around

Traveling within Amsterdam by public transport is straightforward and convenient. The extensive network is operated by GVB and connects the city's neighbourhoods by train, tram, metro, bus, and ferry. **Please note:** GVB's public transport network

is cashless. You can only purchase a ticket or check in with a debit or credit card.

The <u>public transport chip card (OV-</u> <u>Chipkaart</u>) is a rechargeable card used for travel on trams, buses, metros, and trains. You can purchase a non-personalized card at GVB ticket machines, GVB Tickets & Info offices, and select newsstands and supermarkets.



## Tram

There is a reliable and frequent tram service across Amsterdam (except for Amsterdam-Noord), with many routes terminating at Central Station. It is easy to check in and out with a public transport chip card (OV-Chipkaart) at the start and end of your journeys (including when you change trams). Alternatively, it is possible to purchase a 1, 24 or 48-hour ticket aboard most trams using a credit or debit card.

# Bus

Amsterdam's extensive bus network connects all neighbourhoods with other city areas and extends into the Amsterdam Metropolitan Area. Just like for trams, you can check in and out with a public transport chip card or purchase tickets directly from the driver using a debit or credit card.

# Metro

Amsterdam's metro system radiates from Central Station to the city's outlying districts. Its four routes are often the fastest way to reach districts like Bijlmer, Amstelveen and Diemen. Metro stations are gated by checkin and check-out ports, accessible only with a (OV-Chipkaart) or another valid travel card.

# Ferry

Amsterdam's ferries provide essential, free connections for pedestrians, cyclists and mopeds across the River IJ towards Amsterdam Noord. The most popular and best-served ferry route is from Amsterdam Central Station to Buiksloterweg. This route is also served throughout the night.

# Train

Trains provide superb connections with Amsterdam Airport Schiphol, but also different parts of the city, other Dutch towns and cities, plus direct connections with Belgium, France and Germany. Amsterdam Central Station is the primary station, providing quick access to the city centre and public transport network. Tickets can be purchased from the yellow ticket machines or customer service desks at stations.



# Unique sights and things to do

With world-class museums, quirky festivals, theatre, live music, laid-back bars and delightful restaurants, there's never a shortage of things to do in Amsterdam!

### Van Gogh Museum

Truly a must-visit for Van Gogh fans, here you'll find the largest collection of his work in the world with 200 of his paintings, 400 drawings and 700 letters. In addition to the curation of Van Gogh's masterpieces, there are also rotating exhibitions and works by his contemporaries including Monet and Pissarro and later artists who were inspired by Van Gogh, including Steven Aalders and Zeng Fanzhi.



### **Quick links**

<u>Van Gogh Museum</u> <u>Book Tickets</u>

## **Rijks museum**

Its vast collection showcases iconic art and a wide variety of artefacts that reflect more than 800 years of Dutch and global history.



## **Anne Frank House**

The Anne Frank House at Prinsengracht 263 in Amsterdam is where she lived in hiding with her family for more than two years during World War II.



#### **Amsterdam Canal Cruise**

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Taking a canal cruise is one of the most popular things to do in Amsterdam. This 1-hour canal cruise allows you to sit back, relax, and view some of the most impressive places of the city.



# NEMO's Roof

NEMO Science Museum has the largest roof terrace in all Amsterdam, where you can enjoy a magnificent view of the historic city centre, 22 metres above water level. For more information about the tickets and opening hours,



<u>Rijks Museum tickets</u>



Anne Frank house

Plan your visit

<u>NEMO's Roof</u> <u>Visit website</u>

> Amsterdam Canal Cruise Find a tour!



# Neighbourhoods to wander:

The waterways, bridges and bicycles of Amsterdam's historic centre are iconic but venture further in any direction outside of the canal ring, and you'll find a whole world more to explore.

#### **De Pijp**

Lose yourself for hours in Amsterdam's lively Latin Quarter, with its colourful mix of cuisines, terraces and convivial cafés.

#### Westergas

lively neighbourhood is home to a varied mix of independent shops, old-school farmer's and crafts markets, shiny new restaurants, and traditional brown cafés. Look out for regular food markets, mini-festivals and events held here, such as the vibrant Sunday market held on the first Sunday of every month.

#### De Wallen (Red-Light District

It is the oldest neighbourhood in Amsterdam, and has been an important cultural centre for over 600 years.



# Restaurant recommendations:

Whether you're looking for Michelin standard cuisine or a cosy local joint, you'll find plenty to please your palate in Amsterdam. Make sure you check out the thriving bar scene too watch the world go by from a canal side terrace, or head to stylish cocktail bar if you're after something a little more shaken and stirred.

### **De Silveren Spiegel**

A restaurant imbued with history. The two buildings with their stepped gables (1614) have retained all of their old charm, including the tiled open fireplace.

### **Midtown Grill**

Looking for a delicious brunch experience? Midtown has it! Their three-course brunch is just what you're looking for.

### **Restaurant Bougainville**

In Bougainville, a top-class fine dining experience awaits you. Warm fabrics, luxurious design and bronze tones come together in a setting that is intimate and romantic.

....And more

#### <u>Interesting tip:</u>

## **Cycling in Amsterdam**

Amsterdam is one of the most bicycle-friendly cities in the world and the majority of its citizens have spent their lives on two wheels since they were infants.







# **Quick links**

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